



2021

ANNUAL REPORT

CREATIVITY | COMPASSION | CONNECTIONS

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A MESSAGE FROM OUR CEO | SUZANNE WASHINGTON

As we end another challenging year due to COVID-19, I wanted to thank you for your continued support of Meals on Wheels People. I am so grateful for the amazing community support that has helped make our financial position at the end of the fiscal year better than ever. With your support and the dedication and hard work of so many, we were able to increase production and provide 1.5 million healthy meals to those in need. We continued to maintain the highest rating possible from both GuideStar and Charity Navigator and were once again in the top 15 of Oregon's 100 Best Nonprofits. We're also proud to share that for the second year in a row Meals on Wheels People was named one of Oregon's Best Green Workplaces.

The 20-21 fiscal year continued to challenge us to adapt to the pandemic and the continued needs of older adults and children in our community. Over the course of the year, we refined our operations, increased production to meet changing needs, modified plating and packaging to reduce our environmental impact, and streamlined our delivery systems. We created new recipes, diversified our menu, accelerated our medically tailored meals program, and ensured we had 100,000 frozen meals stored for emergency backup.

We prioritized one of our strategic plan goals, to reduce isolation faced by many homebound seniors, and created the Friendly Chats program, expanded our Wellness Checks, and developed new social programming using technology to engage older adults and create peer-to-peer connections. With the help of our volunteers, we made over 100,000 Wellness Check and Friendly Chats call and set up 135 older adults with a GrandPad or cell phone and internet connection.

Our Meals 4 Kids program stepped up to serve more children and families as food insecurity in our community rose. When the pandemic hit the labor sectors, many people were laid off and household income levels decreased drastically. We were able to increase services and provide over 279,000 meals and extra food to families that were hit the hardest. We also delivered 3,750 books to children through partnerships with The Youth Charity League and author Paul Nourigat.

As vaccines became available earlier this year, we worked with our public health partners and helped over 400 of our most vulnerable clients get vaccinated.

While feeding and nourishing seniors and addressing isolation, we raised \$7.3 million and earned an \$8 million grant from MacKenzie Scott. These funds helped us meet increased demand for services, establish an emergency fund, upgrade our raw food products, support our staff and volunteers, and create plans for purchasing a new building on the eastside of Portland.

Given a new world reality that includes seemingly constant disasters and more emergencies on the horizon, we are planning and preparing for whatever might come next, whether that be an ice storm, more wildfires, or an earthquake. By establishing a regional hub on each side of the Willamette and the Columbia Rivers, we will be better prepared to feed, nourish, and serve at-risk older adults, regardless of what emergency may come next.

Of course, I have my fingers crossed that 2022 will be a less tumultuous year than 2021, but at this point, we must be prepared for anything.

Thank you for your kindness and generosity in supporting all we do.



ALL FOR ONE

CREATE, CONNECT, & INSPIRE

In February 2020, the National Academy of Science, Engineering, and Medicine released a report investigating what the former U.S. surgeon general called an “epidemic” among America’s aging population: loneliness. And that was pre-pandemic. Today, we’re up against two major health crises, and one has intensified the other.

Following a year that brought significant challenges and threats to our operations, 2021 featured its own barriers and obstacles that intended to keep our community apart. Aging adults faced higher risks not only related to COVID-19 but also social isolation. Higher mortality rates, disruptions to daily routines, prolonged isolation from friends and family, as well as technology barriers have intensified feelings of loneliness and mental health concerns among this age group.

Through continued virus surges, labor shortages, and dangerous heat waves, our community remained fiercely committed to a common goal. We came together with creativity and compassion to foster connections and ensure no aging adult felt forgotten or isolated.

Beyond extending our meal production, up from 5,000 to 7,300 meals, we worked diligently to find different ways to reach older adults in our community. With help from generous volunteers, we grew our outreach programs, including more frequent wellness and safety checks. During especially challenging times, we reached seniors to coordinate vaccine services, if requested, and check on their welfare during heat waves and spikes of dangerous weather. Initially launched last year, our Friendly Chat program continued to grow and be a pivotal avenue in providing hope and connection for our seniors.

With in-person activities on hold, we redesigned peer-to-peer programs to foster community and friendships. Through a partnership with Smith Tea, we launched Tuesday Tea Time. Seniors who signed up received a care package with a diverse selection of teas, as well as lemon cakes, muffins, and other baked goodies. In May, we brought spring joy to homebound seniors with a virtual garden tour—featuring Oregon’s most spectacular gardens—and made it available to all of our program participants. In April, the Stride for Seniors Charity Walk, which raised more than \$510,000, was reimagined so participants could walk a variety of adventure trails while maintaining social distance.

We expanded innovative and impactful partnerships, including a collaboration with Lightning eMotors in Colorado to build and deploy a carbon-neutral delivery van, which is financially supported by PGE and now serves our Meals 4 Kids program.

Additionally, we’ve been hard at work preparing for the upcoming launch of Safe Homes for Seniors, a new pilot project that will bring home maintenance services to approximately 1,000 seniors in our community who need assistance around their homes. This program will also address emergency preparedness by providing older adult-friendly disaster supply kits for when a disaster may strike.

Despite all of the challenges that arose over the past year and a half, we have persisted in our mission to enrich the lives of seniors, and assist them in maintaining independence and connections. Our community is resilient, and we are optimistic and hopeful about what lies ahead. We cherish the smiling faces and deep gratitude of our seniors. With the help of donors, our creative staff, and committed volunteers, our mission remains steadfast. We will continue to grow, serve, and improve the lives of seniors in our community.





Over the last year, with the chaos of the COVID-19 pandemic, families struggled more than ever. As many dealt with employment loss and illness—while also navigating school and daycare closures, and online learning—Meals 4 Kids was there, ready to deliver support and healthy meals. In 2020, the Meals 4 Kids program, which provides home delivery of culturally appropriate meals, was extended. With funding from the Portland Children's Levy (PCL), Partners for a Hunger-Free Oregon, PepsiCo Foundation's Food for Good program, and Albertson's Nourishing Neighbors programs, we extended our support and helped serve 755 caregivers and 592 children within the City of Portland, and an additional 535 children through the ODE Summer Food Service Program, totaling an additional 1,127 children served, which exceeded our goal by 136%.

In addition to meal delivery, we provided:

- Masks and hand sanitizer for each family, as needed, and multilingual COVID-19 safety flyers
- Over 3,600 donated books for summer reading in partnership with Youth Charity League
- A set of 5 hardback financial education books in the "Marvels of Money for kids" series in partnership with the author, Paul Nourigat
- Holiday gifts for children of all ages for each family in partnership with Toys for Tots
- Multilingual informational resource flyers, emergency EBT, home-school supplies, and rental assistance
- Additional food boxes in partnership with USDA pandemic hunger relief partners

Through these challenging times, we are proud to provide support that keeps kids and their families healthy and safe. One client shared that they had been receiving food through the Meals 4 Kids program but, after returning to work, they could once again provide sufficient and healthy food for their family. They discontinued the support for other families in greater need and shared, *"We are very grateful for your help, as it was very necessary and timely! May God bless you!"*



ACCOLADES



4 Star Rating
Four Star Charity



Platinum Rating
GuideStar



100 Best Nonprofits to Work for in Oregon
Oregon Business Magazine



100 Best Green Workplaces in Oregon
Oregon Business Magazine

FUNDRAISING

\$8M Grant from **MacKenzie Scott**
one of 286 nonprofits nationwide to receive funding

Stride for Seniors had best year yet
raising more than \$510,000

MEALS 4 KIDS

270 volunteers annually

469 families served

1,325 meals delivered daily

VOLUNTEERS

2,927 volunteers

89,017 hours

\$2.5M in labor savings

FOOD/MEALS

7,300 meals produced daily

1.5M meals served annually

COMBATING SOCIAL ISOLATION

100,000+ Wellness Check calls

28,000+ Friendly Chats calls

650 older adults participate in peer-to-peer programs

FINANCIALS

REVENUE

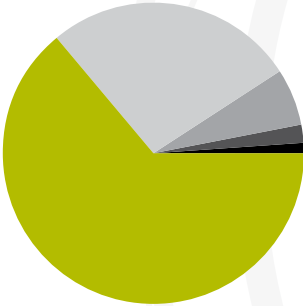
JUNE 30, 2021

JUNE 30, 2020

Government Contracts	\$6,677,212	\$5,836,632
Participant Contributions	599,635	653,427
Fundraising	15,541,220	9,282,103
Bequests	142,131	10,350
Contract Sales	1,573,163	1,206,630
Interest & Dividends	315,458	214,765
Other	928,146	2,078,814
Total Revenue	25,776,965	19,282,721

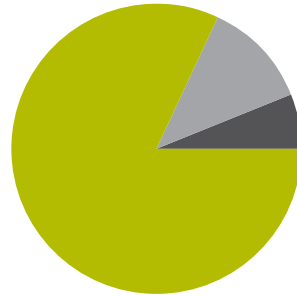
EXPENSES

Program Services		
• Center Operations	\$6,245,770	\$6,029,595
• Kitchen Operations	5,674,184	5,039,289
• Other Operations	732,499	1,134,826
Supporting Services		
• General & Administration	948,604	858,624
• Fundraising	1,829,380	1,651,746
Total Operating Expenses	15,430,437	14,714,080
Increase (Decrease) in Net Assets from Operations	\$10,346,528	\$4,568,641
• PPP Loan forgiveness	1,242,147	
• Investments	2,370,338	(105,287)
• Other	62,878	(9,283)
Increase (Decrease) in Net Assets	\$14,021,891	\$4,454,071



Revenue

● Community Donations	64
● Government Support	27
● Non-Government Contracts	6
● Senior Contributions	2
● Investment Earnings	1



Expenses

● Nutrition	82
● Fundraising	12
● Management & General	6

ASSETS

JUNE 30, 2021

JUNE 30, 2020

Cash & Cash Equivalents	\$4,811,231	\$7,064,763
Investments	24,694,669	10,131,931
Accounts Receivable	1,080,126	1,552,394
Contributions Receivable	357,000	20,350
Inventories	323,081	195,057
Prepaid Expenses and Other Assets	322,712	468,567
Investments held related to Charitable Gift Annuities	12,677	16,711
Beneficial Interest in Trusts Held by Others	408,172	318,340
Investments Held at Community Foundations	604,117	450,646
Trademarks	7,589	8,555
Property, Equipment etc.	7,119,909	6,581,523
Total Assets	\$39,741,283	\$26,808,837

LIABILITIES AND NET ASSETS

Accounts Payable	\$558,436	\$547,741
Other Accrued Liabilities	540,233	398,226
Paycheck Protection Program Loan	-	1,242,147
Total Liabilities	\$1,098,669	\$2,188,214

Net Assets

Unrestricted		
• Available for Operations	8,179,712	2,578,215
• Net investment in property & equipment	7,119,909	6,581,523
• Designated for advertising initiatives	300,000	280,000
• Designated for Joan Smith Fund	200,948	151,556
• Designated for long term investment	12,106,480	6,462,898
• Designated for Capital reserve & Maintenance	5,647,549	3,199,767
• Designated for Emergency Fund	4,134,220	4,377,400
Total net assets without donor restrictions	37,688,818	23,631,359
Net assets with donor restrictions	953,796	989,364
Total net assets	\$38,642,614	\$24,620,723
Total Liabilities & Net Assets	\$39,741,283	\$26,808,837

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\$250,000.00 +

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