Fifty years ago, Meals on Wheels People did not exist. No one brought delicious and nutritious meals to homebound elderly.

1970 There was no organized system to check in with seniors to see if all was well. And if an older person wanted to go out to lunch, the only options were fast food or restaurants that were often unaffordable for those on a fixed income. That all changed in 1970 when three local activists took action and delivered the first 14 meals in Southeast Portland.

1980 The program grew. Additional dining sites were added. Meals on Wheels service expanded into Western Washington and Clackamas counties. We opened a Central Kitchen in an old Safeway building on SE 52nd Avenue to increase productivity and efficiency.

1990 By 1990 we began to concentrate on upgrading neighborhood dining centers. We collaborated with a number of social service organizations to provide aging services to center diners. We opened the Fook Lok Center in cooperation with the Chinese Social Service Center, created the Northeast Multicultural Center (now the MLK, Jr. Center) and the Southeast Multicultural Center (colocated with our Belmont Center). Service to Clackamas County ceased and the program expanded to include all of Washington County.

2000 A capital campaign was launched to raise $7.2 million for a new Central Kitchen and administrative office in Multnomah Village, which opened in March 2003. Ambleside Center in Gresham opened in the new East County Services Center and Clark County service was added. The DASH Diet was adopted for all meals.

2010 In 2012 the name of the organization was changed from Loaves & Fishes Centers to Meals on Wheels People. We expanded our technology capabilities by upgrading our volunteer registration and food services management systems, enhanced client data tracking and revamped the website. In 2018 we partnered with Centro Cultural to feed children and their senior caregivers.

2019 We opened a restaurant, The Diner Vancouver, providing multiple dining options for seniors and the community alike. Home-delivered meals are available hot, chilled or frozen and an all-vegetarian menu is now possible. A new five-year strategic plan adopted.
People Make the Difference

There was a reason we included the word “People” in the name of the organization. It’s people who:

- provide the volunteer service necessary to serve and deliver more than 5,000 meals every weekday.
- volunteer to staff committees and events, serve on our board of directors, work in our centers and main office and create greeting cards and placemats for our diners.
- find creative ways to donate through corporate or personal gifts, fundraising events and so much more.

After 50 years of service to older adults in our community, Meals on Wheels People has not strayed from its vision that no senior will go hungry or experience social isolation. As we embark on a new five-year strategic plan, we have adopted five strategic imperatives to guide our work:

- Develop leading approaches to fight social isolation
- Modernize the menu
- Reduce barriers to service
- Grow our diverse funding mix
- Leverage technology investments

Staff and volunteers are working to implement these imperatives and find creative ways to meet the needs of older adults in our community today and in the years to come. Join us as we strive to eliminate hunger and loneliness among our older neighbors.

Visit us at mowp.org to volunteer or donate.
Mission
We enrich the lives of seniors, and assist them in maintaining independence, by providing nutritious food, human connections and social support. We also use our expertise and capacity to serve other nutritionally at-risk populations.

Geographic Region Served
Multnomah and Washington counties in Oregon, Clark County in Washington

Meals Served Annually
1,061,398

Meals Served Daily
5,108

Seniors Served Annually
11,746

Number of Volunteers
5,372

Number of Volunteer Hours
189,303

Service Value
$4.8 million

Official Charity of the 2019 Portland Rose Festival

We're one of the 100 Best Nonprofits to Work for in Oregon

Our brand is recognized and well respected

Meals 4 Kids served 168,000 meals to children and families with food insecurity

Official Charity of the 2019 Portland Rose Festival

Meals Served Annually
1,061,398
FINANCIAL STATEMENT
Operating Statement
June 30, 2019 (with comparative amounts for June 30, 2018). Audited

Revenue
Government Contracts $4,621,163 $3,734,297
Participant Contributions 565,605 632,678
Fundraising 4,383,675 3,678,410
Bequests 24,364 23,672
Contract Sales 1,171,953 1,185,098
Interest & Dividends 237,128 217,604
Other 1,202,278 913,489
Total Revenue $12,206,166 $10,598,300

Expenses
Program Services
Center Operations $5,785,377 $5,214,223
Kitchen Operations 3,684,509 3,571,752
Other Operations 688,232 17,467
Supporting Services
General & Administration 788,116 681,631
Fundraising 1,205,423 1,074,783
Total Operating Expenses $12,151,657 $10,559,856

Increase (Decrease) in Net Assets from Operations 54,509 38,444
Gain (Loss) on Investments 208,849 285,906
Other (30,564) (201,218)
Increase (Decrease) in Net Assets $232,794 $123,132

REVENUE
- Nutrition, 84%
- Fundraising, 10%
- Management & General, 6%

EXPENSES
- Government Support, 42%
- Community Support, 40%
- Non-Government Contracts, 11%
- Senior Contributions, 5%
- Investment Earnings, 2%
### Statement of Financial Position
June 30, 2019 (with comparative amounts for June 30, 2018). Audited

<table>
<thead>
<tr>
<th></th>
<th>June 30, 2019</th>
<th>June 30, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$1,734,494</td>
<td>$2,958,318</td>
</tr>
<tr>
<td>Investments</td>
<td>10,129,497</td>
<td>9,754,114</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>1,102,521</td>
<td>792,302</td>
</tr>
<tr>
<td>Contributions Receivable</td>
<td>118,000</td>
<td>14,000</td>
</tr>
<tr>
<td>Inventories</td>
<td>93,913</td>
<td>84,401</td>
</tr>
<tr>
<td>Prepaid Expenses and Other Assets</td>
<td>265,125</td>
<td>216,445</td>
</tr>
<tr>
<td>Investments Held Related to Charitable Gift Annuities</td>
<td>17,648</td>
<td>18,613</td>
</tr>
<tr>
<td>Beneficial Interest in Trusts Held by Others</td>
<td>262,962</td>
<td>248,601</td>
</tr>
<tr>
<td>Investments Held at Community Foundations</td>
<td>455,165</td>
<td>430,476</td>
</tr>
<tr>
<td>Trademarks</td>
<td>9,522</td>
<td>0</td>
</tr>
<tr>
<td>Property, Equipment and Leasehold Improvements</td>
<td>6,567,347</td>
<td>5,932,423</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>$20,756,194</td>
<td>$20,449,693</td>
</tr>
<tr>
<td><strong>Liabilities &amp; Net Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts Payable</td>
<td>$192,970</td>
<td>$203,096</td>
</tr>
<tr>
<td>Other Accrued Liabilities</td>
<td>396,572</td>
<td>312,739</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td>$589,542</td>
<td>$515,835</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Available for Operations</td>
<td>$2,449,054</td>
<td>$3,287,095</td>
</tr>
<tr>
<td>Net Investment in Property and Equipment</td>
<td>6,567,347</td>
<td>5,932,423</td>
</tr>
<tr>
<td>Designated for Advertising Initiatives</td>
<td>150,000</td>
<td>125,000</td>
</tr>
<tr>
<td>Designated for Joan Smith Fund</td>
<td>145,177</td>
<td>135,757</td>
</tr>
<tr>
<td>Designated for Long-Term Investment</td>
<td>6,682,908</td>
<td>6,476,920</td>
</tr>
<tr>
<td>Designated for Capital Reserve and Maintenance</td>
<td>3,162,180</td>
<td>3,030,245</td>
</tr>
<tr>
<td><strong>Total Net Assets Without Donor Restrictions</strong></td>
<td>19,156,666</td>
<td>18,987,440</td>
</tr>
<tr>
<td>Net Assets with Donor Restrictions</td>
<td>1,009,986</td>
<td>946,418</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td>$20,166,652</td>
<td>$19,933,858</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$20,756,194</td>
<td>$20,449,693</td>
</tr>
</tbody>
</table>
2018-19 BOARD OF DIRECTORS

Tawnie Nelson
First Interstate Bank
*President*

Sarah Joannides
Joannides Consulting
*1st Vice President*

Scott Christianson
Ferguson Wellman
Capital Management
*2nd Vice President*

David VanSpeybroeck
Community Member
*Secretary*

Ashley Osten
Moss Adams
*Treasurer*

Kate Armstrong
NIKE

Janet Bean
Portland Kettle Works

Beth Biggs
Consonus Health

Robyn Brewer
MUFG Union Bank N.A.

Todd Coffman
Rosendin Electric

James Crumpacker
Fleming Oil Fund

Nengimote Diriyai
Wells Fargo

Kristen Erbes
Cambia Health Solutions

Julie Frantz
Community Member

Steve Foltz
Vitaligent

Arnie Gardner
Community Member

Tim Kalberg
Perkins & Co.

Claudia Knotek
New Seasons Market

Marcus Lampros
Community Member

Amy Malagamba
The Standard

Lucy Savitz
Kaiser Permanente NW

Mary Ellen Seger
Community Member

Larry Smith
Community Member

Ernie Staley
Community Member

Linda Thomas
Community Member

Arlene Villaneuva Unverzagt
The Maribal Group

Steve Watts
Summit Bank

ADMINISTRATION

Suzanne Washington, *Chief Executive Officer*

Tom Maier, *Director of Food Service*

Jessica Morris, *Chief Human Resources Officer*

Julie Piper Finley, *Director of Marketing & Communications*

Linda Reynolds, *Chief Financial Officer*

Tony Staser, *Chief Development Officer*

Renata Wilson, *Chief Operations Officer*