



Vegetarian Menu

April 2019

Mon	1	VEGETERIAN SLOPPY JOE , Tri Cut Potatoes, Sliced Carrots, Spinach Salad w/ French, Oranges
Tues	2	VEGETARIAN MEAT LOAF , <i>Mashed Potatoes</i> , Sunshine Carrots , Tossed Salad w/ Ranch Dressing , Banana
Wed	3	VEGETABLE QUICHE , Mixed Vegetables, Garden Salad w/ French, Apple
Thu	4	CHEESE RAVIOLI , Italian Blend Vegetables , Navy beans Salad, Fruit Cocktail
Fri	5	TOFU STIR FRY , Brown Rice, Capri Blend Vegetables, Indian Slaw, Pears
Mon	8	BAKED PENNE PASTA CASSEROL , Scandinavian Vegetables, Rainbow Salad w/ French Dressing , Sliced Peaches
Tues	9	SOUTHWEST QUICHE , Mixed Vegetables, Tossed Salad w/ 1000 island dressing, Banana
Wed	10	SPRING PASTA w/ TOFU , Scandinavian Vegetables, Navy Bean Salad, Salad w/ Ranch Dressing, Orange
Thu	11	PUMPKIN CASSEROLE , Flavor Fiesta Vegetables, Creamy Cucumber Salad, Sliced Peaches
Fri	12	VEGETABLE LASAGNA , Sliced Carrots, Boston Bean Salad , pears

Mon	15	BEANS AND BROWN RICE , Imperial Blend Vegetables, Garden Salad w/ 1000 Island Dressing, Apple
Tues	16	GARDEN BURGER , Whole Wheat Roll, Edamame Vegetables, Lettuce w/ Tomato, Orange
Wed	17	OMELET PLAIN W/ SALSA , Potatoes, Imperial Blend Vegetables, Garden Salad, Fruit Cocktail
Thu	18	BEAN AND CHEESE BURRITO , Green Beans, Santa Fee Salad, Apple
Fri	19	VEGETARIAN SLOPPY JOE , Potatoes, Sliced Carrots , Spinach Salad w/ French Dressing, Banana
Mon	22	VEGETARIAN MEAT LOAF , Mashed Potatoes , Green Beans , Tossed Salad, Orange
Tues	23	VEGETABLES QUICHE , Mixed Vegetables , Garden Salad w/ French Dressing , Banana
Wed	24	CHEESE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Fruit Cocktail
Thu	25	TOFU STIR FRY , Brown Rice, Capri Blend Vegetables, Indian Slaw, Pears Khiem is insane
Fri	26	BAKED PENNE PASTA , Scandinavian Vegetables, Rainbow Salad w /French Dressing , Apple
Mon	29	SOUTHWEST QUICHE , Mixed Vegetable, Tossed Salad w/ Italian Dressing, Sliced Peaches
Tues	30	SPRING PASTA w/TOFU , Scandinavian Blend Vegetables, Navy Bean Salad, Orange