



# Monthly Menu

## April 2018

Mon	2	<b>SLOPPY JOE W/ POTATOES</b> , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries <b>Chicken Fajita, Tortilla Soup, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries</b>
Tue	3	<b>SWEET &amp; SOUR CHICKEN</b> , Brown Rice, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple <b>Creamy Garlic Pizza, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple</b>
Wed	4	<b>LEMONGRASS FISH</b> , White Rice, Cabbage Parsley Salad, Garden Blend Vegetables, Chocolate Cake <b>Cabbage and Mince Chicken, Cabbage Parsley Salad, Garden Blend Vegetables, Chocolate Cake</b>
Thu	5	<b>TURKEY TETRAZZINI</b> , Spaghetti Noodles, Oregon Bean Medley, Tossed Salad w/Italian Dressing, Seasonal Fruit <b>Grilled Vegetable Sandwich, French Lentil Soup, Oregon Bean Medley, Tossed Salad w/Italian Dressing, Seasonal Fruit</b>
Fri	6	<b>CHESSE RAVIOLI</b> , Italian Blend Vegetables, Navy Bean Salad, Bread Pudding <b>Pork Sliders, Potato Wedges, Italian Blend Vegetables, Navy Bean Salad, Bread Pudding</b>
Mon	9	<b>CHICKEN WITH RICE</b> , Mexican Blend Vegetables, Italian Slaw, Seasonal Fruit <b>Tuna Salad w/Tomatoes, Mexican Blend Vegetables, Seasonal Fruit</b>
Tue	10	<b>BEEF &amp; MACARONI CASSEROLE</b> , Country Trio Vegetable, Spinach Salad w/Italian Dressing, Orange <b>Open-Face Turkey Sandwich, Lentil Soup, Spinach Salad w/Italian Dressing, Orange</b>
Wed	11	<b>CITRUS TARRAGON CHICKEN</b> , Mashed Potatoes, Italian Blend Vegetables, Patio Salad, Oatmeal Cookie <b>Dijon Crush Fish, Mashed Potatoes, Italian Blend Vegetables, Patio Salad, Oatmeal Cookie</b>

Thu	12	<b>SWEDISH MEATBALLS</b> , Spiral Noodles, Scandinavian Blend Vegetables, Navy Bean Salad, Banana <b>Spring Pasta w/Tofu, Scandinavian Blend Vegetables, Navy Bean Salad, Banana</b>
Fri	13	<b>PORK TENDERLOIN W/DIJON SAUCE</b> , Tri-Cut Red Potatoes, Carrot Bean Blend Vegetables, Tossed Salad w/Tomato Vinaigrette, Strawberry Luscious <b>Winter Chicken Salad, Strawberry Luscious</b>
Mon	16	<b>TILAPIA W/LEMON PEPPER</b> , Brown Rice, Green Beans, Carrot Raisin Slaw, Seasonal Fruit <b>Chicken Stir Fry Yakisoba Noodles, Green Beans, Carrot Raisin Slaw, Seasonal Fruit</b>
Tue	17	<b>MEAT LOAF</b> , Mashed Potatoes, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Vanilla Pudding <b>Chicken Gyro, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Vanilla Pudding</b>
Wed	18	<b>ROASTED PARMESAN CHICKEN</b> , Spiral Noodles, Mixed Vegetables, Tossed Salad w/French Dressing, Banana <b>Turkey Salad, Banana</b>
Thu	19	<b>STIR FRY PORK</b> , White Rice, Scandinavian Blend, Claremont Salad, Orange <b>Chicken Salad with White Beans, Orange</b>
Fri	20	<b>BAKED CHICKEN BREAST</b> w/Herbs, Polenta w/Red Sauce, Flavor Fiesta Vegetables, Creamy Cucumber Salad, Citrus Cake <b>Pumpkin Enchilada, Flavor Fiesta Vegetables, Creamy Cucumber Salad, Citrus Cake</b>
Mon	23	<b>VEGETARIAN PENNE PASTA</b> , Scandinavian Vegetables, Rainbow Spinach Salad w/Rainbow Dressing, Banana <b>Roast Beef Sandwich, Spring Vegetable Soup, Rainbow Spinach Salad w/Rainbow Dressing, Banana</b>
Tue	24	<b>IRISH STEW</b> , Mashed Potatoes, Capri Mix Vegetables, Garden Salad w/Italian Dressing, Orange <b>Lemongrass Chicken, White Rice, Capri Mix Vegetables, Garden Salad w/Italian Dressing, Orange</b>
Wed	25	<b>SOMALI CHICKEN</b> , White Rice, Garden Blend Vegetables, Tossed Salad w/French Dressing, Orange <b>Rice and Beans, Garden Blend Vegetables, Tossed Salad w/French Dressing, Orange</b>
Thu	26	<b>TILAPIA W/CUCUMBER SAUCE</b> , Couscous, Oregon Bean Medley, Spinach Salad w/Bleu Cheese, Bread Pudding <b>Turkey Sandwich, Potato Salad, Oregon Bean Medley, Bread Pudding</b>
Fri	27	<b>CHICKEN STROGANOFF</b> , Noodles, Capri Mix Vegetables, Four Bean Salad, Strawberry Pear Gelatin <b>Veggie Burger, Black Bean Soup, Capri Mix Vegetables, Four Bean Salad, Strawberry Pear Gelatin</b>

Mon 30 **CHICKEN TERIYAKI**, Brown Rice, Edamame Medley, Creamy Coleslaw, Orange  
*Salad with Hard Boiled Egg, Edamame Medley, Orange*