



Monthly Menu

April 2019

Mon	1	CHICKEN TERIYAKI , Brown Rice, Edamame Medley, Creamy Coleslaw, Apple  Plain Omelet w/Salsa, Potatoes, Creamy Coleslaw, Edamame Medley, Apple
Tue	2	SPAGHETTI W/MEAT SAUCE , Scandinavian Blend Vegetables, Rainbow Spinach Salad, Russian Cream w/Topping Turkey Salad, Scandinavian Blend Vegetables, Russian Cream w/Topping
Wed	3	HONEY PINEAPPLE PORK , Noodles, Garden Blend Vegetables, Tossed Salad w/Ranch Dressing, Banana Chinese Chicken Salad, Garden Blend Vegetables, Banana
Thu	4	FISH W/BLACK BEAN SALSA , Couscous, Sliced Carrots, Cucumber Salad, Seasonal Fruit, Chocolate Milk  Grilled Vegetable Sandwich, French Lentil Soup, Sliced Carrots, Cucumber Salad, Seasonal Fruit, Chocolate Milk
Fri	5	SOUTHWEST BEEF CASSEROLE , Carrot Bean Blend Vegetables, Santa Fe Salad, Orange and Peach Gelatin Chicken Spring Pasta, Carrot Bean Blend, Orange and Peach Gelatin
Mon	8	ASIAN BBQ CHICKEN , Red Potatoes, Broccoli, Spinach Salad w/Italian Dressing, Raspberry Parfait Fish Taco, Oregon Bean Medley, Spinach Salad w/Italian Dressing, Raspberry Parfait
Tue	9	PORK STROGANOFF , Rotini Noodles, Capri Vegetables, Garden Salad w/1000 Island Dressing, Oatmeal Cookies Chicken Caesar Salad, Capri Vegetables, Oatmeal Cookies

Wed	10	 SPINACH LASAGNA , Normandy Blend Vegetables, Boston Bean Salad, Orange <i>Chicken Smitane, Noodles, Normandy Blend Vegetables, Orange</i>
Thu	11	TAIWANESE BEEF STEW , Brown Rice, Green Beans, Chinese Trio Salad, Kiwi <i>Hawaiian Pizza, Green Beans, Chinese Trio Salad, Kiwi</i>
Fri	12	CHICKEN CHILE VERDE , Brown Rice, Creole Southwest Vegetable Medley, Cucumber Salad, Peanut Butter Mousse <i>Tuna Sandwich, Butternut Squash Soup, Creole Southwest Vegetable Medley, Cucumber Salad, Peanut Butter Mousse</i>
Mon	15	EAST INDIAN FISH STEW , Couscous, Mixed Vegetables, Spinach Salad w/Ranch Dressing, Orange  <i>Southwest Quiche, Mixed Vegetables, Spinach Salad w/Ranch Dressing, Orange</i>
Tues	16	SALISBURY STEAK W/GRAVY , Mashed Potatoes, Flavor Fiesta Vegetables, Creamy Cucumber Salad, Banana  <i>Pumpkin Casserole, Flavor Fiesta Vegetables, Creamy Cucumber Salad, Banana</i>
Wed	17	CHICKEN BREAST W/LEMON HERB SAUCE , Brown Rice, Capri Mix Vegetables, Eastern European Salad, Seasonal Fruit  <i>Tofu Stir Fry, Brown Rice, Eastern European Salad, Seasonal Fruit</i>
Thu	18	TURKEY ROAST W/HERBS & APRICOT SAUCE , Polenta, Key West Blend Vegetables, Claremont Salad, Banana Bread <i>Chicken Grape Salad, Key West Blend Vegetable, Banana Bread</i>
Fri	19	MEAT LASAGNA , Garden Blend Vegetables, Tossed Salad w/Yogurt Dressing, Strawberry Gelatin w/Diced Pears <i>Tuna Salad Nicoise, Garden Blend Vegetables, Strawberry Gelatin w/Diced Pears</i>
Mon	22	SLOPPY JOE W/POTATOES , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries <i>Chicken Fajita Wrap, Tortilla Soup, Spinach Salad w/French Dressing, Lemon Gelatin w/ Blueberries</i>
Tues	23	LEMONGRASS FISH , Brown Rice, Green Beans, Cabbage Parsley Salad, Chocolate Cake <i>Shepherd's Pie, Green Beans, Cabbage Parsley Salad, Chocolate Cake</i>
Wed	24	TURKEY TETRAZZINI , Spaghetti Noodles, Peas and Carrots, Tossed Salad w/Italian Dressing, Orange  <i>Grilled Vegetable Sandwich, Lentil Soup, Tossed Salad w/Italian Dressing, Orange</i>

Thu	25	SWEET & SOUR CHICKEN , White Rice, Lima Beans, Vermicelli Noodle Salad, Apple  <i>Creamy Garlic Pizza, Lima Beans, Vermicelli Noodle Salad, Apple</i>
Fri	26	 CHEESE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Carrot Cake <i>Pork Sliders, Potato Wedges, Italian Blend Vegetables, Carrot Cake</i>
Mon	29	CHICKEN WITH RICE , Mexican Blend Vegetables, Italian Slaw, Seasonal Fruit <i>Tuna Salad w/Tomatoes, Mexican Blend Vegetables, Seasonal Fruit</i>
Tues	30	BEEF & MACARONI CASSEROLE , Country Trio Vegetable, Spinach Salad w/Italian Dressing, Orange <i>Open-Face Turkey Sandwich, Lentil Soup, Country Trio Vegetable, Spinach Salad w/Italian Dressing, Orange</i>