



Monthly Menu

June 2018

Fri	1	PORK TENDERLOIN W/DIJON SAUCE , Tri-Cut Red Potatoes, Carrot Bean Blend Vegetables, Tossed Salad w/Summer Dressing, Strawberry Luscious <i>Summer Chicken Salad, Carrot Bean Blend, Strawberry Luscious</i>
Mon	4	TILAPIA W/LEMON PEPPER , Brown Rice, Green Beans, Chickpea Salad, Seasonal Fruit <i>Chicken Stir-Fry Yakisoba Noodles, Green Beans, Seasonal Fruit</i>
Tue	5	MEAT LOAF , Mashed Potatoes, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Apple <i>Pork Gyro, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Apple</i>
Wed	6	ROASTED PARMESAN CHICKEN , Spiral Noodles, Mixed Vegetables, Tossed Salad w/French Dressing, Banana <i>Turkey Salad, Mixed Vegetables, Banana</i>
Thu	7	STIR-FRY PORK , White Rice, Scandinavian Blend, Claremont Salad, Orange <i>Chicken Salad with White Beans, Scandinavian Vegetables, Orange</i>
Fri	8	BAKED HERB CHICKEN , Polenta w/Red Sauce, Flavor Fiesta Vegetables, Creamy Cucumber Salad, Citrus Cake <i>Pumpkin Enchilada Casserole, Flavor Fiesta Vegetables, Creamy Cucumber Salad, Citrus Cake</i>
Mon	11	VEGETARIAN PENNE PASTA , Scandinavian Vegetables, Rainbow Spinach Salad w/Rainbow Dressing, Apple <i>Roast Beef Sandwich, Spring Vegetable Soup, Rainbow Spinach Salad w/Rainbow Dressing, Apple</i>
Tue	12	IRISH STEW , Mashed Potatoes, Capri Mix Vegetables, Garden Salad w/Italian Dressing, Banana <i>Lemongrass Chicken, White Rice, Capri Mix Vegetables, Garden Salad w/Italian Dressing, Banana</i>

Wed	13	SOMALI CHICKEN , White Rice, Garden Blend Vegetables, Pepper Coleslaw, Orange <i>Hard Boiled Egg Salad, Garden Blend Vegetables, Orange</i>
Thu	14	TILAPIA W/CUCUMBER SAUCE , Couscous, Oregon Bean Medley, Spinach Salad w/ 1000 Island Dressing, Bread Pudding <i>Turkey Sandwich, Potato Salad, Oregon Bean Medley, Spinach Salad w/1000 Island Dressing, Bread Pudding</i>
Fri	15	CHICKEN STROGANOFF , Noodles, Capri Mix Vegetables, Four Bean Salad, Strawberry Pear Gelatin <i>Veggie Burger, Black Bean Soup, Capri Mix Vegetables, Four Bean Salad, Strawberry Pear Gelatin</i>
Mon	18	CHICKEN TERIYAKI , Brown Rice, Edamame Medley, Creamy Coleslaw, Orange <i>Plain Omelet w/Salsa, Potatoes, Edamame Medley, Orange</i>
Tue	19	SPAGHETTI W/MEAT SAUCE , Scandinavian Blend Vegetables, Rainbow Spinach Salad, Seasonal Fruit <i>Turkey Salad, Scandinavian Blend Vegetables, Seasonal Fruit</i>
Wed	20	BAKED FISH w/Black Bean Salsa, Couscous, Sliced Carrots, Cucumber Salad, Russian Cream with Topping <i>Chicken Smitane, Noodles, Sliced Carrots, Cucumber Salad, Russian Cream with Topping</i>
Thu	21	HONEY PINEAPPLE PORK , Noodles, Garden Blend Vegetables, Tossed Salad w/Ranch Dressing, Orange <i>Chinese Chicken Salad, Garden Blend Vegetables, Orange</i>
Fri	22	SOUTHWEST BEEF CASSEROLE , Carrot Bean Blend Vegetables, Santa Fe Salad, Strawberry Gelatin w/Diced Pears <i>Chicken Spring Pasta, Carrot Bean Blend, Santa Fe Salad, Strawberry Gelatin w/Diced Pears</i>
Mon	25	ASIAN BBQ CHICKEN , Red Potatoes, Oregon Bean Medley, Spinach Salad w/Italian Dressing, Fruit Cocktail <i>Fish Taco, Oregon Bean Medley, Spinach Salad w/Italian Dressing, Fruit Cocktail</i>
Tues	26	TAIWANESE BEEF STEW , Brown Rice, Szechuan Green Beans, Chinese Trio Salad, Kiwi <i>Hawaiian Pizza, Szechuan Green Beans, Chinese Trio Salad, Kiwi</i>
Wed	27	SPINACH LASAGNA , Garden Blend Vegetables, Boston Bean Salad, Orange <i>Shepherd's Pie, Garden Vegetables, Boston Bean Salad, Orange</i>
Thu	28	PORK STROGANOFF , Rotini Noodles, Capri Vegetables, Garden Salad w/1000 Island Dressing, Oatmeal Cookie <i>Chicken Caesar Salad, Capri Vegetables, Oatmeal Cookie</i>

Fri 29 **CHICKEN CHILE VERDE**, Brown Rice, Radish Tomato Salad, Creole Southwest Vegetable Medley, Peanut Butter Mousse
Tuna Sandwich, Butternut Squash Soup, Radish Tomato Salad, Creole Southwest Vegetable Medley, Peanut Butter Mousse