



# Vegetarian Menu

June 2018

Fri	1	<b>SPINACH LASAGNA</b> , Garden Blend Vegetables, Boston Bean Salad, Orange
Mon	4	<b>BROCCOLI-TOMATO QUICHE</b> , Mixed Vegetables, Spinach Salad w/Ranch Dressing, Fruit Cocktail
Tue	5	<b>VEGETARIAN MEATLOAF</b> , Mashed Potatoes, Sliced Carrots, Spinach Salad w/ Ranch Dressing, Orange
Wed	6	<b>PLAIN OMELET W/SALSA</b> , Tri-Cut Potatoes, Imperial Blend Vegetables, Garden Salad w/French Dressing, Apple
Thu	7	<b>TOFU CURRY STIR FRY</b> , Brown Rice, Sunshine Carrots, Indian Slaw, Pear
Fri	8	<b>PUMPKIN ENCHILADA CASSEROLE</b> , Venetian Blend Vegetables, Navy Bean Salad, Orange
Mon	11	<b>VEGETARIAN PENNE PASTA</b> , Scandinavian Vegetables, Rainbow Spinach Salad w/Rainbow Dressing, Banana
Tue	12	<b>RICE AND BEANS</b> , Garden Blend Vegetables, Tossed Salad w/French Dressing, Orange
Wed	13	<b>VEGGIE JOE W/ POTATOES</b> , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Banana
Thu	14	<b>BEAN &amp; CHEESE BURRITO</b> w/Salsa, Green Beans, Santa Fe Salad, Orange
Fri	15	<b>GARDEN BURGER</b> , Edamame Vegetable, Lettuce and Tomato, Apple

Mon	18	<b>PLAIN OMELET W/SALSA</b> , Tri-Cut Potatoes, Imperial Blend Vegetables, Garden Salad w/French Dressing, Apple
Tue	19	<b>BROCCOLI-TOMATO QUICHE</b> , Mixed Vegetables, Spinach Salad w/Ranch Dressing, Fruit Cocktail
Wed	20	<b>CHEESE RAVIOLI</b> , Italian Blend Vegetables, Navy Bean Salad, Fruit Cocktail
Thu	21	<b>VEGETARIAN MEATLOAF</b> , Mashed Potatoes, Sliced Carrots, Spinach Salad w/ Ranch Dressing, Orange
Fri	22	<b>TOFU SPRING PASTA</b> , Riviera Blend Vegetables, Tossed Salad w/ French Dressing, <i>Banana</i>
Mon	25	<b>RICE AND BEANS</b> , Garden Blend Vegetables, Tossed Salad w/French Dressing, Orange
Tues	26	<b>PUMPKIN ENCHILADA CASSEROLE</b> , Venetian Blend Vegetables, Navy Bean Salad, Orange
Wed	27	<b>SPINACH LASAGNA</b> , Garden Blend Vegetables, Boston Bean Salad, Orange
Thu	28	<b>TOFU CURRY STIR FRY</b> , Brown Rice, Sunshine Carrots, Indian Slaw, Pear
Fri	29	<b>VEGGIE JOE W/ POTATOES</b> , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Banana