



Vegetarian Menu

June 2019

Mon	3	OMELET PLAIN W/ SALSA , Tri- Cut Potatoes, Capri Vegetables , Garden Salad w/ Italian dressing , Fruit Cocktail
Tue	4	BEAN AND CHEESE BURRITO , <i>Scandinavian Vegetables</i> , Santa Fe Salad, Apple
Wed	5	VEGETARIAN SLOPPY JOE , Tri- Cut Potatoes, Mixed Vegetables, Tossed Salad w/ French Dressing, Banana
Thu	6	VEGETARIAN MEATLOAF , Mashed Potatoes , Green Beans, Garden Salad w/ 1000 dressing, Orange
Fri	7	VEGETARIN QUICHE , Flavor Fiesta, Spinach Salad w/Italian Dressing, Sliced Peaches
Mon	10	CHEESE RAVIOLI , Italian Blend Vegetables, Boston Bean Salad, Pears
Tue	11	TOFU STIR FRY , Brown Rice, Capri Vegetables, Indian Slaw, Banana
Wed	12	BAKED PENNE PASTA , Scandinavian Vegetables , Rainbow Salad, w/ Ranch Dressing, Orange
Thu	13	SOUTHWEST QUICHE , Mixed Vegetables, Tossed Salad W/ Italian dressing , Banana

Fri	14	SPRING PASTA TOFU , Scandinavian Blend, Navy Bean Salad , Sliced Peaches
Mon	17	PUMPKIN CASSEROLE , Flavor Fiesta, Creamy Cucumber, Pears
Tue	18	VEGETABLES LASAGNA , Mixed Vegetables, Tossed Salad w/ Italian Dressing, Banana
Wed	19	BEAN AND BROWN RICE , Capri Vegetables, Garden Salad w/ Italian Dressing, Apple
Thu	20	GARDEN BURGER , Scandinavian Vegetables, Lettuce w/ Tomatoes Salad , Fruit Cocktail
Fri	21	OMELET PLAIN W/ SALSA ,Tri – Cut Potatoes , Flavor Fiesta, Garden Salad w/ Ranch Dressing, Apple
Mon	24	BEAN AND CHEESE BURRITO , Green Beans, Santa Fee Salad , Pears
Tue	25	VEGETABLES SLOPPY JOE , Tri- Cut Potatoes, Mixed Vegetables, Tossed Salad W/ 1000 Dressing, Banana
Wed	26	VEGETARIAN MEATLOAF , Mashed Potatoes, Scandinavian Vegetables, Spinach Salad w/ Italian Dressing Tomatoes Salad, Orange
Thu	27	VEGETARIAN QUICHE , Flavor Fiesta , Garden Salad w/ French Dressing, Fruit Cocktail
Fri	28	CHEESE RAVIOLI , Italian Vegetables, Boston Bean Salad, Sliced Peaches