



## March 2020 Menu

- Mon 2 BAKED PENNE CASSEROLE**, Corn & Lima Beans, Rainbow Spinach Salad w/Rainbow Dressing, Pears  
*Roast Beef Sandwich, Potato Salad, Corn & Lima Beans, Rainbow Spinach Salad w/Rainbow Dressing, Pears*
- Tue 3 SOMALI CHICKEN**, Couscous, Normandy Blend Vegetables, Pepper Coleslaw, Orange, Chocolate Milk  
*Meatloaf with Gravy, Mashed Potatoes, Normandy Blend Vegetables, Pepper Coleslaw, Orange, Chocolate Milk*
- Wed 4 SOCKEYE SALMON**, Rice, Oregon Bean Medley, Spinach Salad w/1000 Island Dressing, Chocolate Zucchini Cake  
*Creamy Chicken Casserole, Oregon Bean Medley, Spinach Salad w/1000 Island Dressing, Chocolate Zucchini Cake*
- Thu 5 BBQ PORK**, Red Potatoes, Country Trio Vegetables, Four Bean Salad, Raspberry Pineapple Gelatin  
*Broccoli & Tomato Quiche, Red Potatoes, Country Trio Vegetables, Four Bean Salad, Raspberry Pineapple Gelatin*
- Fri 6 IRISH STEW**, Mashed Potatoes, Capri Vegetables, Garden Salad w/Italian Dressing, Butterscotch Pudding  
*Garden Burger, Black Bean Soup, Capri Vegetables, Garden Salad w/Italian Dressing, Butterscotch Pudding*
- Mon 9 ASIAN BBQ CHICKEN**, Red Potatoes, Mini Broccoli, Vermicelli Noodle Salad, Russian Cream with Strawberry Topping  
*Omelet with Salsa, Tri-Cut Potatoes, Mini Broccoli, Vermicelli Noodle Salad, Russian Cream with Strawberry Topping*
- Tue 10 SPAGHETTI W/MEAT SAUCE**, Scandinavian Blend Vegetables, Rainbow Spinach Salad, Pineapple Upside-Down Cake  
*Citrus Tarragon Chicken, Rice, Scandinavian Blend Vegetables, Rainbow Spinach Salad, Pineapple Upside-down Cake*

**Wed 11 HONEY GLAZED PINEAPPLE PORK**, Noodles, Garden Blend Vegetables, Cucumber Salad, Banana  
*Cheese Ravioli, Garden Blend Vegetables, Cucumber Salad, Banana*

**Thu 12 SOUTHWEST BEEF & RICE CASSEROLE**, Sliced Carrots, Santa Fe Salad, Apple  
*Chinese Chicken Salad, Sliced Carrots, Santa Fe Salad, Apple*

**Fri 13 International Women's Day SALISBURY STEAK W/GRAVY**, Mashed Potato, Green Beans, Tossed Salad w/Ranch Dressing, Chocolate Decadence Cookie  
*Open-Faced Turkey Sandwich, Butternut Squash Soup, Tossed Salad w/Ranch Dressing, Chocolate Decadence Cookie*

**Mon 16 CHICKEN TERIYAKI**, Rice, Edamame Blend, Spinach Salad w/Italian Dressing, Creamsicle Parfait  
*Southwest Quiche, Edamame Blend, Spinach Salad with Italian Dressing, Creamsicle Parfait*

**Tue 17 St. Patrick's Day BEEF BRISKET** w/Horseradish Sauce, Colcannon, Green Beans, Garden Salad w/1000 Island Dressing, Citrus Cake  
*Chicken with Gravy, Egg Noodles, Green Beans, Garden Salad w/1000 Island Dressing, Citrus Cake*

**Wed 18 CHICKEN CHILE VERDE**, Brown Rice, Southwest Vegetable Medley, Creamy Cucumber Salad, Tangerine  
*Beef & Broccoli, Brown Rice, Southwest Vegetable Medley, Creamy Cucumber Salad, Tangerine*

**Thu 19 TURKEY ROAST** w/Herbs & Apricot Sauce, Red Potatoes, Scandinavian Blend Vegetables, Carrot Raisin Salad, Apple  
*Chicken Caesar Salad, Scandinavian Blend Vegetables, Apple*

**Fri 20 PORK STROGANOFF**, Rotini Noodles, Capri Vegetables, Tossed Salad w/Ranch Dressing, Strawberry Luscious  
*Salisbury Steak w/ Gravy, Mashed Potatoes, Capri Vegetables, Tossed Salad w/Ranch Dressing, Strawberry Luscious*

**Mon 23 SWEDISH MEATBALLS**, Spiral Noodles, Flavor Fiesta Vegetables, Claremont Salad, Gingersnaps  
*Pork Sliders, Potato Wedges, Flavor Fiesta Vegetables, Claremont Salad, Gingersnaps*

**Tue 24 STIR-FRY PORK**, Rice, Key West Blend Vegetables, Spinach Salad w/Ranch Dressing, Orange  
*Lemongrass Chicken, White Rice, Key West Blend Vegetables, Spinach Salad w/Ranch Dressing, Orange*

**Wed 25 LEMON HERB CHICKEN**, Tri-Cut Potatoes, Capri Mix Vegetables, Eastern European Salad, Banana  
*Spaghetti w/Meat Sauce, Capri Mix Vegetables, Eastern European Salad, Banana*

**Thu 26 TURKEY ROAST** w/Apricot Sauce, Polenta, Sunshine Carrots, Tossed Salad w/Italian Dressing, Yellow Cake  
*Chicken Salad w/White Beans, Sunshine Carrots, Tossed Salad w/Italian Dressing, Yellow Cake*

**Fri 27 MEAT LASAGNA**, Garden Blend Vegetables, Creamy Cucumber Salad, Chocolate Mousse  
*Broccoli & Tomato Quiche, Garden Blend Vegetables, Creamy Cucumber Salad, Chocolate Mousse*

**Mon 30 SLOPPY JOE**, Tri-Cut Potatoes, Sliced Carrots, Spinach Salad w/French Dressing, Orange  
*Curry Tofu, Rice, Sliced Carrots, Spinach Salad w/French Dressing, Orange*

**Tue 31 TURKEY TETRAZZINI**, Peas & Carrots, Tossed Salad W/Italian Dressing, Chocolate Cake  
*Omelet w/Mushroom Sauce, Tri Cut Potatoes, Peas & Carrots, Tossed Salad w/Italian Dressing, Chocolate Cake*