



Vegetarian Menu

March 2019

Fri	1	BEAN & CHEESE BURRITO , Green Beans, Santa Fe Salad, Orange
Mon	4	VEGETERIAN SLOOPY JOE , Tri Cut Potatoes, Sliced Carrots, Spinach Salad w/ French, Banana
Tues	5	SPINACH LASAGNA , Garden Blend Vegetables, Boston Bean Salad, Pear
Wed	6	OMELET PLAIN W / SALSA , Potatoes, Imperial Blend Vegetable, Garden Salad w/ French, Apple
Thu	7	GARDEN BURGER , Whole Wheat Roll, Edamame Vegetable, Lettuce / Tomato, Apple
Fri	8	CHEESE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Fruit Cocktail
Mon	11	TOFU STIR FRY , Brown Rice, Capri Mix Vegetable , Indian Slaw, Pear
Tues	12	BAKED PENNE CASSEROLE , Scandinavian Vegetables, Rainbow Salad w / 1000 island, Apple
Wed	13	SOUTHWEST QUICHE , Mixed Vegetable, Navy Bean Salad, Salad w/ Ranch Dressing, Orange
Thu	14	SPRING PASTA W/ TOFU , Scandinavian Blend Vegetables, Navy Bean Salad, Banana

Fri	15	PUMPKIN CASSEROLE , Flavor Fiesta Vegetable, Creamy Cucumber, Sliced Peaches
Mon	18	VEGETERIAN SLOOPY JOE , Tri Cut Potatoes, Sliced Carrots, Spinach Salad w/ French, Banana
Tues	19	BEANS AND BROWN RICE , Imperial Blend Vegetables, Garden Salad w/1000 Island Dressing, Apple
Wed	20	CHEESE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Fruit Cocktail
Thu	21	VEGETARIAN MEATLOAF , Mashed Potatoes, Sunshine Carrots, Spinach Salad w/ Ranch Dressing, Apple
Fri	22	OMELET PLAIN W / SALSA , Potatoes, Imperial Blend Vegetable, Garden Salad w/ French, Apple
Mon	25	BAKED PENNE PASTA , Scandinavian Vegetables, Rainbow Spinach Salad w/Rainbow Dressing, Apple
Tues	26	BEAN & CHEESE BURRITO , Green Beans, Santa Fe Salad, Orange
Wed	27	VEGETABLE QUICHE , Mixed Vegetables, Spinach Salad w / Ranch, Orange
Thu	28	GARDEN BURGER , Whole Wheat Roll, Edamame Vegetable, Lettuce / Tomato, Apple
Fri	29	OMELET PLAIN W/SALSA , Tri-Cut Potatoes, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple