



Vegetarian Menu May 2018

Tue	1	TOFU CURRY STIR FRY , Brown Rice, Sunshine Carrots, Indian Slaw, Pear
Wed	2	VEGGIE JOE W/ POTATOES , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Banana
Thu	3	PUMPKIN CASSEROLE , Venetian Blend Vegetables, Navy Bean Salad, Orange
Fri	4	BROCCOLI-TOMATO QUICHE , Mixed Vegetables, Spinach Salad w/Ranch Dressing, Fruit Cocktail
Mon	7	VEGETARIAN MEATLOAF , Mashed Potatoes, Sliced Carrots, Spinach Salad w/ Ranch Dressing, Orange
Tue	8	CHESSE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Fruit Cocktail
Wed	9	SPINACH LASAGNA , Garden Blend Vegetables, Boston Bean Salad, Orange
Thu	10	RICE AND BEANS , Garden Blend Vegetables, Tossed Salad w/French Dressing, Orange
Fri	11	SPRING PASTA W/TOFU , Capri Vegetables, Garden Salad w/1000 Island Dressing, Chocolate Zucchini Cake
Mon	14	BROCCOLI-TOMATO QUICHE , Mixed Vegetables, Spinach Salad w/Ranch Dressing, Fruit Cocktail
Tue	15	OMELET PLAIN W/SALSA , Tri-Cut Potatoes, Imperial Blend Vegetables, Garden Salad w/French Dressing, Apple
Wed	16	VEGETARIAN PENNE PASTA , Scandinavian Vegetables, Rainbow Salad w/ 1000 Island, Banana
Thu	17	TOFU CURRY STIR FRY , Brown Rice, Sunshine Carrots, Indian Slaw, Pear

Fri	18	GARDEN BURGER , Edamame Vegetable, Lettuce and Tomato, Apple
Mon	21	VEGGIE JOE W/ POTATOES , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Banana
Tue	22	PUMPKIN CASSEROLE , Venetian Blend Vegetables, Navy Bean Salad, Orange
Wed	23	RICE AND BEANS , Garden Blend Vegetables, Tossed Salad w/French Dressing, Orange
Thu	24	SPINACH LASAGNA , Garden Blend Vegetables, Boston Bean Salad, Orange
Fri	25	VEGETARIAN MEATLOAF , Mashed Potatoes, Sliced Carrots, Spinach Salad w/ Ranch Dressing, Orange
Mon	28	HOLIDAY – Memorial Day
Tue	29	CHESSE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Fruit Cocktail
Wed	30	BEAN & CHEESE BURRITO w/Salsa, Green Beans, Santa Fe Salad, Orange
Thu	31	SPRING PASTA W/ TOFU , Riviera Blend Vegetables, Tossed Salad w/ French Dressing, <i>Banana</i>