



Monthly Menu

May 2019

Wed	1	PORK TENDERLION W/Dijon Sauce , Tri-Cut Potatoes, Carrot Bean Blend, Tossed Salad w/Summer Dressing, Strawberry Luscious <i>Summer Chicken Salad, Carrot Bean Blend, Strawberry Luscious</i>
Thu	2	SWEDISH MEATBALLS , Spiral Noodles, Scandinavian Blend Vegetables, Navy Bean Salad, Banana  <i>Tofu Spring Pasta, Scandinavian Blend Vegetables, Banana</i>
Fri	3	CITRUS TARRAGON CHICKEN , Mashed Potatoes, Italian Blend Vegetables, Patio Salad, Chocolate Chips Cookies <i>Dijon Crushed Fish, Mashed Potatoes, Italian Blend Vegetables, Patio Salad, Chocolate Chips Cookies</i>
Mon	6	PINEAPPLE SALSA FISH , Couscous, Willamette Beans, Chick Pea Salad, Seasonal Fruit <i>Chicken Stir Fry, Yakisoba Noodles, Willamette Beans, Seasonal Fruit</i>
Tue	7	BEANS & BROWN RICE , Imperial Blend Vegetables, Carrot Raisin Salad, Bread Pudding <i>Beef Taco Salad, Imperial Blend Vegetables, Bread Pudding</i>
Wed	8	ROAST PARMESAN CHICKEN , Rotini Noodles, Mixed Vegetables, Tossed Salad w/French Dressing, Strawberry Pear Gelatin. <i>Turkey Salad, Mixed Vegetables, Strawberry Pear Gelatin</i>
Thu	9	MEAT LOAF , Mashed Potatoes, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Apple <i>Pork Gyros, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Apple</i>
Fri	10	STIR FRY PORK , White Rice, Cauliflower, Claremont Salad, Citrus Cake <i>Chicken & White Bean Salad, Cauliflower, Citrus Cake</i>

Mon	13	BAKED PENNE PASTA CASSEROLE , Corn & Lima Beans, Rainbow Salad w/Rainbow Dressing, Oatmeal Cookies <i>Roast Beef Sandwich, Spring Soup, Corn & Lima Beans, Rainbow Salad w/Rainbow Dressing, Oatmeal Cookies</i>
Tue	14	SOMALI CHICKEN , White Rice, Normandy Blend Vegetables, Pepper Slaw, Orange <i>Hard Boiled Egg Salad, Normandy Blend Vegetables, Pepper Slaw, Orange</i>
Wed	15	FISH w/Cucumber Sauce , Couscous, Flavor Fiesta Vegetables, Spinach Salad w/1000 Dressing, Carrot Cake <i>Turkey Sandwich, Potato Salad, Flavor Fiesta Vegetables, Spinach Salad w/1000 Dressing, Carrot Cake</i>
Thu	16	CHICKEN STROGANOFF , Noodles, County Trio Vegetables, Four Bean Salad, Strawberry Gelatin  <i>Veggie Burger, Black Bean Soup, Country Trio Vegetables, Four Bean Salad, Strawberry Gelatin</i>
Fri	17	IRISH STEW , Mashed Potatoes, Mixed Vegetables, Garden Salad, Banana <i>Lemon Grass Fish, White Rice, Mixed Vegetables, Garden Salad, Banana</i>
Mon	20	CHICKEN TERIYAKI , Brown Rice, Edamame Medley Vegetables, Creamy Coleslaw, Cookies  <i>Omelet Plain w/ Salsa, Tri-Cut Potatoes, Edamame Medley Vegetables, Creamy Coleslaw, Cookies</i>
Tue	21	SPAGHETTI W/MEATBALLS , Peas & Carrots, Rainbow Salad w/Rainbow Dressing, Seasonal Fruit, Chocolate Milk <i>Turkey Salad, Peas & Carrots, Seasonal Fruit, Chocolate Milk</i>
Wed	22	HONEY PINEAPPLE PORK , Noodles, Garden Vegetables, Tossed Salad w/Ranch Dressing, White Cake <i>Chinese Chicken Salad, Garden Vegetables, White Cake</i>
Thu	23	FISH W/BLACK BEANS SALSA , Couscous, Sliced Carrots, Carrot Pineapple Salad, Russian Cream w /Topping <i>Shepherd's Pie, Sliced Carrots, Carrot Pineapple Salad, Russian Cream w/Topping</i>
Fri	24	BEEF AND BROCCOLI , Brown Rice, Capri Mix Vegetables, Tossed Salad w/Italian Dressing, Orange  <i>Grilled Vegetable Sandwich, Lentil Soup, Tossed Salad w/Italian Dressing, Orange</i>
Mon	27	CENTERS CLOSED FOR MEMORIAL DAY HOLIDAY
Tue	28	ASIAN BBQ CHICKEN , White Rice, Broccoli, Spinach & Red Cabbage w/French Dressing, Apple <i>Fish Taco, Broccoli, Spinach & Red Cabbage w/French Dressing , Apple</i>

Wed	29	SALISBURY STEAK w/Gravy , Red Potatoes, Italian Mixed Vegetables, Chinese Trio Salad, Cookies <i>Hawaiian Pizza, Italian Mixed Vegetables, Chinese Trio Salad, Cookies</i>
Thu	30	PORK STROGANOFF , Rotini Noodles, Key West Blend Vegetables, Garden Salad w/ 1000 Island Dressing, Fruit Cocktail Gelatin <i>Chicken Caesar Salad, Key West Blend Vegetables, Garden Salad w/1000 Island Dressing, Fruit Cocktail Gelatin</i>
Fri	31	CHICKEN CHILE VERDE , Brown Rice, Southwest Vegetable Medley, Creamy Cucumber Salad, Peanut Butter Mousse <i>Tuna Sandwich, Butternut Squash Soup, Southwest Vegetable Medley, Creamy Cucumber Salad, Peanut Butter Mousse</i>