



Vegetarian Menu
May 2019

Wed	1	PUMPKIN CASSEROLE , Flavor Fiesta Vegetables, Creamy Cucumbers, Sliced Peaches
Thu	2	VEGETABLES LASAGNA , Sunshine Carrots, Boston Bean Salad, Pears
Fri	3	BEANS & BROWN RICE , Imperial Vegetables, Garden Salad w/French Dressing, Apple
Mon	4	GARDEN BURGER ,Whole Wheat Bun , Edamame Vegetable Blend, Lettuce & Tomato Salad, Orange
Tues	5	OMLELET PLAIN W/SALSA , Tri-Cut Potatoes, Capri Blend Vegetables, Garden Salad, Fruit Cocktail
Wed	8	BEAN & CHEESE BURRITO , Scandinavian Vegetables, Santa Fe Salad, Apple
Thu	9	VEGETARIAN SLOPPY JOES , Tri-Cut Potatoes, Mixed Vegetables, Tossed Salad w/1000 Dressing, Banana
Fri	10	VEGETARIAN MEAT LOAF, Mashed Potatoes , Green Beans, Garden Salad w/Ranch Dressing, Orange
Mon	13	VEGETABLE QUICHE , Flavor Fiesta Vegetables, Spinach Salad, Sliced Peaches
Tues	14	CHEESE RAVIOLI , Italian Blend Vegetables, Boston Bean Salad, Pears
Wed	15	TOFU STIR FRY , Brown Rice, Capri Blend Vegetables, Indian Slaw, Apple
Thu	16	BAKED PENNE PASTA , Scandinavian Vegetables, Rainbow Salad w/French Dressing, Orange

Fri	17	SOUTHWEST QUICHE , Mixed Vegetables, Tossed Salad w/Italian Dressing, Banana
Mon	20	SPRING PASTA TOFU , Scandinavian Vegetables, Navy Bean Salad, Sliced Peaches
Tue	21	VEGETABLES SLOPPY JOES, Tri-Cut Potatoes , Sliced Carrots, Spinach Salad w/Ranch Dressing, Apple
Wed	22	VEGETARIAN MEAT LOAF , Mashed Potatoes, Green Beans, Tossed Salad w/French Dressing, Banana
Thu	23	VEGETABLES QUICHE , Mixed Vegetables, Garden Salad w/1000 Island Dressing, Orange
Fri	24	SPRING PASTA W/TOFU , Scandinavian Vegetables, Navy Bean Salad, Apple
Mon	27	CENTERS CLOSED FOR MEMORIAL DAY HOLIDAY
Tues	28	PUMPKIN CASSEROLE , Flavor Fiesta Vegetables, Creamy Cucumber, Sliced Peaches
Wed	29	VEGETABLES LASAGNA , Scandinavian Vegetables, Boston Bean Salad, Pears
Thu	30	BEANS & BROWN RICE , Imperial Vegetables, Tossed Salad w/Italian Dressing, Apple
Fri	31	GARDEN BURGER , Whole Wheat Roll, Scandinavian Vegetables, Lettuce & Tomato Salad, Orange