December 2019 Menu

Mon 2  ASIAN BBQ CHICKEN, Red Potatoes, Edamame Medley, Italian Slaw, Orange Hawaiian Pizza, Edamame Medley, Italian Slaw, Orange

Tue 3  SPAGHETTI W/MEAT SAUCE, Scandinavian Blend, Rainbow Spinach Salad, Cake Omelet Plain w/Salsa, Tri-Cut Potatoes, Scandinavian Blend, Rainbow Spinach Salad, Cake

Wed 4  HONEY GLAZED PINEAPPLE PORK, Noodles, Garden Blend Vegetables, Tossed Salad w/Ranch Dressing, Russian Cream w/Topping Swedish Meatballs, Spiral Noodles, Garden Blend Vegetables, Tossed Salad w/Ranch Dressing, Russian Cream

Thu 5  SPINACH LASAGNA, Normandy Blend Vegetables, Boston Bean Salad, Apple Chinese Chicken Salad, Normandy Blend Vegetables, Boston Bean Salad, Apple

Fri 6  SOUTHWEST BEEF CASSEROLE, Carrot Bean Blend Vegetables, Santa Fe Salad, Orange & Peach Gelatin Chicken Smitane w/Noodles, Carrot Bean Blend Vegetables, Santa Fe Salad, Orange & Peach Gelatin

Mon 9  CHICKEN TERIYAKI, Brown Rice, Mini Broccoli, Spinach Salad w/Italian Dressing, Raspberry Parfait Somali Chicken, Brown Rice, Mini Broccoli, Spinach Salad w/Italian Dressing, Raspberry Parfait

Tue 10 CHICKEN STROGANOFF, Rotini Noodles, Capri Vegetables, Garden Salad/1000 Island Dressing, Oatmeal Cookie Southwest Quiche, Capri Vegetables, Garden Salad/1000 Island Dressing, Oatmeal Cookie

Wed 11 FISH W/BLACK BEAN SALSA, Couscous, Sliced Carrots, Cucumber Salad, Apple Spaghetti w/Meatballs, Sliced Carrots, Cucumber Salad, Apple

Thu 12 TAIWANESE BEEF STEW, Egg Noodles, Green Beans, Chinese Trio Salad, Chocolate Cake Chicken Caesar Salad, Green Beans, Chocolate Cake

Fri 13 CHICKEN CHILI VERDE, Brown Rice, Southwest Vegetable Medley, Creamy Coleslaw, Kiwi Tuna Sandwich, Butternut Squash Soup, Southwest Vegetable Medley, Creamy Coleslaw, Kiwi
Mon 16 TURKEY ROAST w/Herbs & Apricot Sauce, Polenta, Green Beans, Spinach Salad w/Ranch Dressing, Orange
    Tofu Stir Fry, Brown Rice, Green Beans, Spinach Salad w/Ranch Dressing, Orange

Tue 17 PORK STROGANOFF, Noodles, Scandinavian Blend, Creamy Cucumber Salad, Strawberry Gelatin w/Diced Pears
    Lemongrass Chicken, White Rice, Scandinavian Blend, Creamy Cucumber Salad, Strawberry Gelatin w/Diced Pears

Wed 18 CHICKEN BREAST w/Lemon Herb Sauce, Tri-Cut Potatoes, Capri Mix Vegetables, Eastern European Salad, Apple
    Beef and Broccoli, Brown Rice, Capri Mix Vegetables, Eastern European Salad, Apple

Thu 19 TURKEY TETRAZZINI, Peas & Carrots, Claremont Salad, Chocolate Pudding
    Chicken Salad w/White Beans, Peas & Carrots, Claremont Salad, Chocolate Pudding

Fri 20 HOLIDAY MEAL: Diced Beef w/Gravy, Scalloped Potatoes, Peas & Onions, Santa Fe Salad, Cheesecake
    No second entrée

Mon 23 (Hanukkah) SLOPPY JOE, Hamburger Bun, Tri-Cut Potatoes, Capri Mix Vegetables, Spinach Salad w/ French Dressing, Lemon Gelatin w/Blueberries
    Salisbury Steak w/Gravy, Mashed Potatoes, Capri Mix Vegetables, Spinach Salad w/ French Dressing, Lemon Gelatin w/Blueberries

Tue 24 (Hanukkah) FISH w/Lemon Pepper & Pineapple Salsa, Brown Rice, Glazed Carrots, Cabbage Parsley Salad, Cake
    Omelet w/ Mushroom Sauce, Tri-Cut Potatoes, Glazed Carrots, Cabbage Parsley Salad, Cake

Wed 25 CENTERS CLOSED FOR CHRISTMAS DAY HOLIDAY

Thu 26 (Hanukkah, Kwanzaa) SWEET & SOUR CHICKEN, Sweet & Sour Chicken, Rice, Lima Beans, Vermicelli Noodle Salad, Apple
    Creamy Garlic Pizza, Lima Beans, Vermicelli Noodle Salad, Apple

Fri 27 (Hanukkah, Kwanzaa) CHEESE RAVIOLI, Spaghetti Sauce, Green Beans, Navy Bean Salad, Carrot Cake
    Chicken Stir Fry, Yakisoba Noodles, Green Beans, Navy Bean Salad, Carrot Cake

Mon 30 (Hanukkah, Kwanzaa) CHICKEN & RICE, Mexican Blend Vegetables, Italian Coleslaw, Seasonal Fruit
    Beef & Macaroni Casserole, Mexican Blend Vegetables, Italian Coleslaw, Seasonal Fruit

Tue 31 (Kwanzaa) ROAST TURKEY w/Dijon Sauce, Tri-Cut Red Potatoes, Carrot Bean Blend, Tossed Salad w/Summer Dressing, Orange
    Chicken Smitane, Noodles, Carrot Bean Blend, Tossed Salad w/Summer Dressing, Orange