December 2019 Vegetarian Menu

**Mon 2**  Tofu Stir Fry

**Tue 3**  Omelet Plain w/Salsa

**Wed 4**  Bean and Cheese Burrito

**Thu 5**  Spinach Lasagna

**Fri 6**  Cheese Ravioli

**Mon 9**  Vegetarian Sloppy Joe

**Tue 10**  Southwest Quiche

**Wed 11**  Black Beans and Brown Rice

**Thu 12**  Garden Burger

**Fri 13**  Baked Penne Pasta

**Mon 16**  Tofu Stir Fry

**Tue 17**  Bean and Cheese Burrito

**Wed 18**  Broccoli & Tomato Quiche

**Thu 19**  Cheese Ravioli

**Fri 20**  Pumpkin Casserole

**Mon 23**  Vegetarian Shepard's Pie

**Tue 24**  Omelet w/ Mushroom Sauce

**Wed 25**  CENTERS CLOSED FOR CHRISTMAS DAY HOLIDAY
Thu 26  Vegetarian Southwest Casserole

Fri 27  Spring Pasta w/ Tofu

Mon 30  Garden Burger

Tue 31  Vegetarian Cheesy Macaroni Casserole